



BEM approved CPD: 13 hours

CONSTRUCTION DESIGN & MANAGEMENT (CDM) CDM PROFESSIONAL & CDM COORDINATOR COURSE

Course Outline

This course is specially designed in line with the latest requirements under the CDM Regulation 2024, recently announced by the Department of Occupational Safety and Health (DOSH), Malaysia.

The course aims to provide awareness and understanding among project stakeholders, including clients, designers, contractors, and project managers, on their respective duties and responsibilities under the CDM framework, with an emphasis on early design-stage risk management and collaboration.

28 & 29 January 2026

Hotel Armada Petaling Jaya
8:30 a.m to 5.00 p.m

30 January 2026

Online (Google Meet)
9:00 a.m to 12.00 noon

Limited to 25 participants on
a first-come, first-served basis.

Registration Fee

ACEM member firms RM 2,200.00 per person

Others RM 2,600.00 per person

(E-certificate of attendance will be issued, subject to full attendance)

Please Click <https://kliksini.my/ltPg6> or scan QR code for online registration.

Closing date for registration 22 January 2026.

For further enquiries, please contact the ACEM secretariat at tel. 012 5290031
or e-mail to vivien@acem.com.my



Course Objectives

- To introduce the key concepts and principles of CDM Regulation 2024.
- To highlight the roles and duties of duty holders including the Client, Principal Designer, and Principal Contractor.
- To promote a proactive culture of risk prevention during the design and construction phases.
- To align your project teams with regulatory compliance and good construction safety design practices.

Entry Requirements

Kindly ensure that you fulfil either one of the entry requirements before registering for the course.

CDM PROFESSIONAL

- Bachelor Degree or higher (MQA Recognition).
- Registered with BEM, LAM, BQSM or accredited by CIDB as a Construction Project Manager (CCPM).
- At least 5 years working experience in construction industry.

CDM COORDINATOR

- At least Diploma (MQA Recognition).
- Registered with BEM, LAM, BQSM, MBOT, LPBM or CCPM.
- At least 10 years working experience in construction industry.

Trainers

Ir. Nimi binti Ahmad holds a Master's degree in industrial safety management from Universiti Kebangsaan Malaysia, a Degree in Mechanical Engineering from the University of Sunderland, United Kingdom, and a Diploma in Mechanical Engineering from Universiti Teknologi Malaysia. Formerly the Assistant Director at the Department of Occupational Safety & Health (DOSH) Malaysia, she left the government service in January 2001. Currently, she is a freelance Occupational Safety and Health Consultant and is the Industry Advisory Panel for Universiti Malaysia Pahang Diploma in Occupational Safety and Health Programme. She is also a part time lecturer at various higher learning institutions. She is the committee member of Malaysian Industrial Hygiene Association and SIRIM Technical Committee for Safety of Machinery. She is a registered Assessor with the Department of Occupational Safety and Health Malaysia for the conduct of CHRA and a trained person for Ergonomic Risks Assessment.

Encik Nazruddin bin Mat Ali holds a Bachelor of Mechanical Engineering from Universiti Teknologi Malaysia and a Master's in Emergency Response and Planning from Universiti Putra Malaysia. He was formerly the Director of Construction Site Safety Division in DOSH. He specialises in Occupational Safety and Health Enforcement.

Course Schedule

DAY 1 - 28 JANUARY 2026

8.30 a.m. Registration

9.00 a.m. **Session 1**

Project Lifecycle
Occupational Safety & Health
(Construction Work) (Design &
Management) Regulations 2024

10.30 a.m. Morning Break

11.00 a.m. **Session 2**

Design Risk Management for CDM

1.00 p.m. Lunch Break

2.00 p.m. **Session 3**

- Introduction to OSH Act amend.2022
- Section 18A, 18B & 19
- OSHCIM Guideline
- CDM Prevention Concept

3.00 p.m. **Session 4**

CDM Prevention Concept

3.30 p.m. Afternoon Break

3.45 p.m. **Session 5**

- Review CPP for construction activities
- Safety Health File (SHF) management

5.00 p.m. End of Day 1

DAY 2 - 29 JANUARY 2026

8.30 a.m. Registration

9.00 a.m. **Session 6**

General Principle of Prevention (GPP)

10.30 a.m. Morning Break

10.45 a.m. **Session 7**

CDM DRA Methodology

12.00 noon **Session 8: Part I: Workshop DRA1/2/3**

Design Review Assessment
DRA2/DRA3

1.00 p.m. Lunch Break

2.00 p.m. DRA Workshop (continued)

3.00 p.m. Group Presentations

- 4.30 p.m.
- Briefing on online assessment
 - Recap
 - Q&A

5.00 p.m. End of day 2

DAY 3 - 30 JANUARY 2026

9.00 a.m. Online Briefing / Course Revision

10.00 a.m. Examination

12.00 noon End of Session